

NationsWest Field House

Drop-In Schedule 2017

	Monday	Tuesday	Wednesday	Thursday	Friday
Drop-in Fitness	12:10-12:45pm INSANITY Live	12:10-12:40pm Fit in Thirty		12:10-12:40pm Fit in Thirty	
Youth (Courts)	3:30-5:00pm Basketball	3:30-5:00pm Badminton Basketball	3:30-5:00pm Floor Hockey	3:30-5:00pm Badminton Basketball	3:30-5:00pm Basketball
Youth (Turf)	3:30-5:00pm Soccer	3:30-5:00pm Ultimate Frisbee	3:30-5:30pm Soccer	3:30-5:00pm Soccer	3:30-5:00pm Soccer
Adult	9:00am-12:00pm Coffee Walk n' Talk 12:00-3:00pm Open Gym	1:00-3:00pm Pickleball 3:30-5:00pm Badminton	9:00am-12:00pm Coffee Walk n' Talk 3:30-5:00pm Badminton	1:00-3:00pm Pickleball 3:30-5:00pm Badminton	12:00-3:00pm Open Gym 6:00-8:00pm Pickleball
Toddler Turf Time	9:00am-12:00pm	1:00-3:00pm	9:00am-12:00pm	1:00-3:00pm	9:00am-12:00pm

*** Memberships or Regular Field House admission rates apply**

306-445-1790