

3 Weeks of Parks

“Play – Wonder – Discover” was the motto of a social media mini series called “3 Weeks of Parks”. Every workday of the week for three weeks we suggested activities in North Battleford’s Parks and Finlayson Island that families can do with no cost involved.



Day 1

Be a bug detective! Get your magnifying glasses out or just discover this miniature world with your bare eyes. Pick a park and see what's living in the grass! There are also bug apps available that will help you identify these creepy crawlies.

Day 2

Explore Finlayson Island and leave your footprints in the sand! Can you find and identify some animal tracks?

Day 3

Discover the Art Walk that connects the Allen Sapp Gallery and the Chapel Gallery! The Walk leads through Coronation Park and starts behind the Allen Sapp Gallery.

Day 4

Enjoy this beautiful weather and have a picnic in one of the City Parks!

Day 5

Get out to a Park with a playground: Centennial Park, Riverview Park, Kinsmen Park, Holy Family Park, Fairview Park, Confederation Park or College Heights Park.

Day 6

Discover King Hill Lookout and the beautiful views onto the North Saskatchewan River Valley! Walking trails extend along the top of the Battlefords River Valley. Access to the lookout is from Territorial Drive, west of the Territorial Drive and Highway 4 intersection.

Day 7

Pick a new park you have not been to yet! Today is a nice cooler day to let your kids run around, explore and discover!



Day 8

Get involved and play a ball game with your kids! All you need is a ball and an open green space. If you bring some family and friends it is even more fun. The weather is just perfect!

Day 9

Find materials like twigs, leaves, cones, little rocks, sand or feathers and use them to make nature crafts with the kids!

Day 10

Learn about the stars! Look up how to find constellations like the Big and Little Dippers, the North Star and Cassiopeia (a W-shaped constellation) and try to find them in the night sky! This is also a great camping activity on a clear night.

Day 11

Try to identify 5 birds by sight and/or sound! It can be as simple as Black-capped Chickadee, American Robin, Red-winged Blackbird, Tree Swallow and Weastern Meadowlark.

Day 12

Go on a Scavenger Hunt! Create a list of 5-10 items or activities that you want to look for or do while you are out in the Parks today. You can use your phone to take a photo of each item or activity! Here are some ideas: Swing on a swing set, visit a pond or other body of water, find a pretty flower, pick up three pieces of garbage (be careful), find a funny shaped cloud.

Day 13

Head to the newly renovated Chapel Gallery and check out the Labyrinth that is behind the Gallery. <http://chapelgallery.ca/>



Day 14

Hold your own Mini Olympics with your kids! The bigger the group the better, so invite your friends. Have friendly competitions, write down who won each activity and have prizes or homemade medals for the winners. Some activities could include: rope skipping, basketball, long jump and running races of all sorts (distance races, three legged races, egg and spoon races).

Day 15

Go on a sound safari! Think of sounds you often or sometimes hear, make a list of these sounds and go for a walk. You can bring colourful stickers along and every time you hear a sound that's on your list, check it off with a sticker. You can also write down sounds that you noticed but weren't on your list. Some ideas are: dog barking, garage door opens, people chatting, kids laughing, wind blowing, birds singing, etc.